

Torture Prevention: Strengthening the Rule of Law and Human Rights Protections



Albanian Rehabilitation Center for Trauma and Torture



- Rehabilitation Services for Torture Survivors.
- Torture Prevention Programs.
- Social Justice Advocacy.
- Has lobbied on behalf of more than **100,000** individuals

Current situation (Issues)

- Police brutality, particularly during protests, and inadequate investigation into deaths in prisons or other detentions persist.
- Survivors of human trafficking are still grappling with severe psychological consequences, including Post-Traumatic Stress Disorder (PTSD), insomnia, depression, stigmatization.
- The budget allocated for mental health services is often insufficient, limiting the availability and quality of care.
- Mental health services, particularly within detention centers, are often lacking.
- There is a lack of qualified staff.

ARCT Recommendations:



-
- Police Officers should and must provide the human rights card to all the individuals upon their arrest.
 - The interviews between arrested individuals and police officers should be conducted in monitored areas where audiovisual systems are in place.
 - There is a need for a Comprehensive Legal and Strategic Framework updates.
 - Establish mechanisms for monitoring and evaluating the implementation of the revised laws and national strategies regarding torture prevention.
 - Enhancing mental health support in prisons and training sessions regarding psychological support.

Conclusion Remarks.

- Adhere to global standards on torture rehabilitation.
- Provide comprehensive training programs to the Academy of Security and other relevant institutions to enhance their understanding and capacity to address these issues effectively.
- Training programs should be provided to security academies and other relevant institutions to enhance their knowledge and capabilities.