

# Universal Periodical Review

*Fourth Cycle*

*51<sup>st</sup> Working Group*

## Federated States of Micronesia



### **Rights to Life and Peace** **Life and Peace Constitutions** **Improvements**

17<sup>th</sup> of July 2025<sup>1</sup>

*From the politics of taking life to the politics of affirming it*

*Looking at life as the marvels of marvels  
Living every instant making life better*

**We understand the right to life as being  
the joyful and universal fulfillment of life,  
as being everyone's responsibility to sustain life,  
as being the right not to be killed.**

We are all center to our lives,  
We are all global to our planet,  
May we all be nonkilling,  
We are all a Center for Global Nonkilling<sup>2</sup>.

The Center for Global Nonkilling (CGNK) has a unique mission,  
inspirational for Individuals and Creative for Societies:  
**"Promote change toward the measurable goal of a killing-free world  
by means of infinite human creativity, in reverence for life"**

Nonkilling is a paradigm, a principle, a plan and a road map<sup>3</sup>.  
The paradigm is giving worth to universal life, sustaining it for all individuals, for humanity and for Earth.  
The principle is for every individual to receive and share life's fulfillment.  
The plan is happiness. It is a sustained sign of quality for life and of universal solidarity.  
The roadmap is **universal fundamental methods**, serving all human rights and freedoms.

Nonkilling is one of these fundamental methods.  
Such methods are always peaceful and always empowering for persons, societies and institutions<sup>4</sup>.  
Nonkilling is knowing, preventing and measuring occurrences  
where life can and shall be valued, improved and saved.

The Center for Global Nonkilling was founded in 2008 by Glenn Paige (1929-2017).  
He was Professor of Political Science and author of the widely translated book:  
"Nonkilling Political Science"<sup>5</sup>.

The center has United Nations' ECOSOC consultative status since 2014<sup>6</sup>.

We do Universal Periodic Reviews and participate to the Human Rights Council at all sessions.

To universally sustain and improve life in peace:

We make a systematic call to all States for the **urgent and universal ratification** of the **Convention on the Prevention and the Punishment of the Crime of Genocide**.

*We make UPR submissions to all States still in need to do this ratification.*

We make a systematic call to all States for the **urgent and universal decriminalization of suicides**.

*We make UPR submissions to all States still in need to do this decriminalization.*

We make a universal call to all People, States and Institutions for the enhancement and implementation of the **life and peace constitutions**, for the universal fulfillment and respect of **all human rights**.

We also deliver other UPR submissions, oral statements and recommendations as we deem necessary<sup>7</sup>.

*"Happy people breed a happy world"*

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*Thank you for your kind support at [www.nonkilling.org](http://www.nonkilling.org)*

## **Universal Periodic Review of the Federated States of Micronesia**

We wish a happy, constructive and peaceful UPR to  
the People and the Authorities of Micronesia.

This is our second submission for the UPR of the Federated States of Micronesia.

We compliment Micronesia for preparing the establishment of a National Mechanism for Implementation, Reporting and Follow-up (NMIRF). It will be much needed to help doing the needed ratifications.

We recall our demand to see the Convention of the prevention and the Punishment of the Crime of Genocide, as well as the International Covenant on Civil and Political Rights rapidly ratified. Four other conventions and protocols need ratification.

We congratulate Micronesia for inviting the Special Rapporteur on cultural rights.

We also recall our demand to see a regional human rights mechanism established for the Pacific.

We also suggest adopting a National Strategy to sustain peace and the prevention of violence as proposed and adopted in the United Nations Pact for the future, action 18d.

**Calling on each and all to attain a nonkilling world,  
where life can be peacefully sustained on Earth,  
we welcome the delegation of  
the Federated States of Micronesia to Geneva,  
City of Peace  
and we wish to you, as to all the people of Micronesia,  
a constructive, successful, enhancing and fulfilling  
Universal Periodic Review.**

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<sup>1</sup> Date of submissions to the Office of the High Commissioner for Human Rights (OHCHR). Slightly revised versions may appear thereafter.

<sup>2</sup> <http://nonkilling.org/center/how-to-help>

<sup>3</sup> It is S.M.A.R.T: Simple, Measurable, Achievable, Realist and Timely.

Simple: Happiness. The simple sign of the worth of life. The simple way to fulfillment, to be open and stay open to happiness, to do our part for it and it will simply guide in the proper direction. What else?

Measurable: A) life's existence is a 1 or 0 factor, most simple: alive or not.

Admittedly, some thresholds at birth and death, but for the rest life and living are an easy to grasp, unique and wholesome, factor or measure ... Living it well is a nice adding.

I do use a happiness scale to gauge my life and to look at other humans and creatures.

Fulfillment is a bit further on the scale, basic needs need to be met for that. Happiness helps.

B) Reducing unwanted death occurrences, injury and violence, is measurable. And we, humanity, we are largely on our way in this direction.

Statistics and life's conditions improvements show we progress in many fields; suicides, homicides (including in conflict) and traffic, work and leisure casualties are successfully preventable without reducing fundamental freedoms. Figures are improving in these cited fields as in many others. They are no direct priorities in these fields; all lifesaving and life improving means, as well as accurate methods to do so are equally needed.

Greater longevity, less security needs and moreover more time, method and ethics to care for each other are some of the signs and surely the rewards of this wholesome life enhancing process.

Please do your part!

Achievable: saving life, giving universal meaning and worth, quality and quality standards to life is the best and most fulfilling intent, said simply "a purpose for life". Once the intent is in place and the means to achieve it are made available, what we all need is a final a push to make life safe for everyone on Earth, and so to pass from too frequent survival (or conflictive) stages for our civilization (in all its diversity) into a living and sustained quality of life for all.

Realist:

As this is what humanity, everyone needs and deserves, with our well understood instincts and some human genius – we have plenty of both – most likely, it will be done. The sooner the better, every life counts!

Please enjoy doing your part!

Timely: This needs to be peacefully understood: the time is now.

Because said again, every life counts. And because the loss of each life that could have been prolonged with more precaution, prevention and gentle care is a shame to our hearts, but may be also a definitive loss for our humanity as a whole, or for its genetic pool, the human conscience science, the human value and potentials.

Because humanity is also facing a few life threatening challenges as a species, we need a peaceful climate to survive, peace within ourselves as a species and peace with our natural environment as a species deemed to survive as far as possible into the future – may it be said differently, its own possible eternity.

Please enjoy doing your part! And please joyfully bring others to do theirs!

S.M.A.R.T: Simple, Measurable, Achievable, Realist and Timely.

<sup>4</sup> Listing some of these fundamental and universal human methods in a somewhat free order of importance would be education, participation, inner and outer celebration of life, peacemaking, minimum standards of living, prevention, and if need be peaceful settlements of disputes. As one may see, both human rights and peace encompass these methods. Keywords could well be "do no harm", "nonviolence" and "comprehensive peace policies". The United Nations Pact for the future, action 18d, recommends the establishment of National Strategies to sustain peace and the prevention of violence.

<sup>5</sup> Available in Portuguese: <http://nonkilling.org/center/publications-media/books-translations>

<sup>6</sup> We are present at all sessions of the Human Rights Council and we systematically do Universal Periodic Reviews submissions since 2015.

<sup>7</sup> We are apt and equipped, using statistic, indicators and local information for doing complete country portraits, or partial scans of the status of the rights to life and to peace in any given country. See examples here, the most recent one being San Marino in July 2024, a killing-free country. Shall you wish to see it done for your own country or anyone, please contact our office, the author of this submission or our UN team. <https://nonkilling.org/center/nonkilling-monitoring-programs/nonkilling-activity-at-the-un/>

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